



We are excited to announce Express Fitness is back open!

Thank you for your patience while we completed the renovations, and we hope you enjoyed the week of upgraded access to Executive! If you are interested to learn more about Executive membership options after visiting, please feel free to e-mail info@ehsc.com

During the course of this week we have a few items we are finalizing (software enhancements on machines, and a few additional pieces to be added) but we can't wait to see you back in Hooksett and look forward to this upcoming year at your new and improved workout facility, Express Fitness!

For any questions please call us at (603) 314-8900